



CULTURE AND COMMUNITY LADAKH

OVERVIEW

Learn about earth architecture, visit monasteries, experience the breathtaking beauty of Pangong lake, live with local households, teach children in a village school, and renovate the classrooms – just in a week's time!



Leh, India

Route



The group will reach Kushok Bakula Rimpochee Airport. First-Hand Experiences team will be at the airport to receive.



Itinerary



Day 1

Arrival

- Arrival at Kushok Bakula Rimpochee Airport, Ladakh
- Welcome to the SECMOL campus. Welcome drinks.
- Room allocation
- Rest - refresh after your journey
- Lunch
- Rest - take time to get used to the altitude
- Dinner and evening social activities

Day 2

Service

- Meditation at Indus River (optional)
- Campus tour
- Formal introduction by the Director
- English Conversation session with local students
- Games and sports (Football, cricket, table tennis, basketball)
- Dinner and evening social activities

Day 3

Monestary Visit

- Morning exercise (optional)
- Travel to Himus Gompa. It will take around 2 hours to reach to the Himus Gompa (47 km).
- Lunch in a local restaurant.
- Continue exploring the Himus monastery and the surrounding area.
- Transfer to host families

Itinerary



Day 4

Service

- Breakfast with family
- Walk to the school
- Lesson planning and preparation
- Lunch at the host family
- English teaching and start renovation work
- Dinner and evening with host family

Day 5

Service

- Breakfast with family
- English teaching (Lunch at the host family)
- Renovation work. This is the time to use your creativity to help renovate/paint and decorate classrooms and campus walls.
- Dinner in Leh. Explore the Leh market. Time for souvenir shopping.

Day 6

Pangong Lake

- Breakfast with family
- Travel to Pangong Lake
- Back to host families
- Dinner and final evening with host family

Day 7

Departure

Project Fee



Project fee will be shared on request.

Inclusions

1. Accommodation
2. All placements and activities
3. Three meals a day
4. Airport pick-up and drop-offs, and all local transfers
5. Full induction and orientation by experienced staff
6. Evening cultural activities
7. Entry fee and guided tours
8. 24/7 in-country support by our English speaking local Team.
9. Travel and Medical Insurance
10. Free place for a chaperon with every 20 students

Exclusions

1. Flights
2. Spending money
3. Visa



Cancellation Policy



- 1) Notice of 3 months or more: Full refund
- 2) Notice of 2 to 3 months: One-third of the total programme fee will be held by First-Hand Experiences
- 3) Notice of 1 to 2 months: Two-thirds of the total programme fee will be held by First-Hand Experiences
- 4) Notice of less than one month: No refund.

Exceptions are entirely at the discretion of First-Hand Experiences and must be agreed in writing at the time when any postponement or cancellation is made.

